

DES INDES

HEALTH CLUB & SPA

CINQ M̄NDES

SPA PARIS



DES INDES SIGNATURE & INDIGENOUS* RITUALS

DUO MASSAGE	pp. 60/90 MIN €99/€160
ANTI-JETLAG ENERGY BOOST	90 MIN € 175
*ROYAL DES INDES RELAX PACKAGE	120 MIN € 210
*LUXURY R&R OF THE INDIES	90/120 MIN € 185/€220

MASSAGES

BALINESE	90 MIN € 175
RELAX	60 MIN € 99
ULTRA RELAX	90/120 MIN €160/€198
NAO (AROMATIC OILS)	60/90 MIN € 110/€ 175
DEEP TISSUE	60/90 MIN € 110/€ 175
HOT STONE	60/90 MIN € 110/€ 175
PRE & POST-NATAL TREATMENT (BIO)	90 MIN € 175
SHIATSU MASSAGE	60 MIN € 125
ORIENTAL HEAD & FACE	45 MIN € 90
BACK, NECK & SHOULDERS	45 MIN € 90
FOOT REFLEXOLOGY	30 MIN € 75
SPORTS	30 MIN € 75

FACIAL RITUALS

EXPRESS RADIANCE	45 MIN € 90
ILLUMINESCENCE (DRY SKIN)	60/90 MIN € 110/€ 175
SKIN PERFECTION (OILY SKIN)	60/90 MIN € 110/€ 175
LIFTING & PLUMPING (ANTI-AGE)	60 MIN € 125
GLOBAL ANTI-AGE (+ NECK & DÉCOLLETÉ)	90 MIN € 185
EXPRESS ANTI-AGE	45 MIN € 90

DETOX BODY TREATMENTS

SLIMMING & FIRMING (SCRUB, MASSAGE, WRAP)	90 MIN € 185
BRAZILIAN SLIMMING MASSAGE	60 MIN € 110
BODY SCRUB & DETOX WRAP	75 MIN € 145

BODY SCRUBS & NOURISHING MASSAGE

POLISHING "PAPAYA PURÉE" SCRUB	75 MIN € 145
ENERGIZING AROMATIC SCRUB	75 MIN € 145
SUBLIME SCRUB WITH TAHITIAN MONOI	75 MIN € 145
PURIFYING BLACK BELDI SOAP SCRUB	75 MIN € 145

PHYSIOTHERAPY

REGULAR SESSION	20 MIN € 55
EXTENDED SESSION	30 MIN € 75
1 HOUR SESSION	60 MIN € 110

SPA MEMBERSHIP

Yearly € 2000

WEEKLY SPA VISIT & MONTHLY TREATMENT (60min)

FAMILY SPA (4.p)

1,5 HRS RESERVED SPA INCL.	€ 225
2x 30min RELAX MASSAGES	

DAY PASS 2,5 HRS (SPA & FITNESS)

(INCL. ROBE, TOWELS, SLIPPERS) € 65

+ € 20 DISCOUNT ON A TREATMENT OF CHOICE

Selection Of Treatments Bookable Via Treatwell:

OPENING HOURS

MONDAY – THURSDAY 7:00 – 20:00

FRIDAY 7:00-22:00

SATURDAY 8:00-22:00, SUNDAY 8:00 – 20:00, PUBLIC

HOLIDAYS 9:00 – 17:00

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<https://www.hoteldesindes.nl/health-club-spa>